Complete a meaningful leadership experience of your choice.

“Leadership is the capacity to translate vision into reality.” —Warren Bennis

“Before you are a leader, success is all about growing yourself. When you become a leader, success is all about growing others.” —Jack Welch

“A leader is one who knows the way, goes the way, and shows the way.” —John Maxwell

After completing your meaningful leadership experience, reflect upon one or more of the following questions while addressing your leadership role in a 2 page reflection paper. (Double spaced, 1 inch margins, name in right hand corner, and give a title to your paper)

Upload reflection to myportfolium.ucsd.edu account.

1. What ethical or moral issues do you anticipate encountering in your health care leadership role? How well prepared do you think you are for dealing with these issues?

2. Describe your own leadership passion, vision, and purpose.

3. What gifts and talents do you bring to your role as leader?

4. What has been the biggest test of your leadership ability? What have you learned as a result of this challenge?

5. What are you afraid of? Does that fear impact what type of leader you are?

6. In terms of being a leader, what risks have you taken recently? How did they turn out? What did you learn about yourself by taking the risk?

7. What are four things you absolutely want to incorporate into your time each week? How many of these things did you do in the last week?

8. What do you anticipate being the most common sources of stress in the particular leadership role you will be taking on (or considering)?

9. What causes you stress? How do you prioritize? What strategies do you plan to use to cope with these sources of stress?