

STUDENT EMPLOYMENT SPOTLIGHT



Lana Talampas

ltalampas@ucsd.edu / (858) 534-5793

Training & Education Specialist at CARE at the Sexual Assault Resource Center

Student workers are the backbone of our innovative prevention education! We do our best to create positive, inclusive, and empowering messages that will create a lasting impact on the campus community. We rely on our students to give their honest feedback so that CARE's educational efforts are accessible, engaging, and relevant to all students at UC San Diego. I also love working with such a great team! The professional staff, student employees, and volunteers make up an amazing group of people doing their best to educate the campus and support survivors. It's incredibly fulfilling work.

Q: What is CARE at the Sexual Assault Resource Center and what do you do? **A:** CARE at the Sexual Assault Resource Center provides services and education that focuses on the issues of sexual assault, relationship violence, and stalking. I serve as the Training & Education Specialist and I oversee the department's education and training efforts on violence prevention and response for the UC San Diego community.

Q: What role do student workers play within your department? **A:** Our student workers have specialized roles so we can leverage their unique skills in developing creative and engaging educational campaigns. We typically have the following positions: Program and Administrative Intern, Peer Education and Outreach Interns, and Graphic Design and Marketing Interns. Our student employees get to be a part of changing the campus culture! We educate the campus about consent, bystander intervention, healthy relationships, and ending violence. These positions definitely give our students a special and unique opportunity to make a lasting impact on their university.

Q: What can students gain or learn from working in your department? **A:** Above all, we pride ourselves on fostering an environment that prioritizes personal and professional growth. They develop their skills but they also learn the professionalism needed to succeed in an office setting once they have graduated from UC San Diego. We also care about our students' well-being. Due to the sensitive nature of the issues we address, it is important for us all to take care of ourselves and we encourage all of our students to take the necessary steps to sustain themselves, in this work and in their personal and academic commitments.

Q: When does your department typically hire students? **A:** Students are typically hired in spring quarter following Sexual Assault Awareness Month (SAAM) in April. These paid internships start the following fall quarter and last an entire academic year from September to June.

Q: Do you have any advice for students? **A:** I would encourage any student wanting to work with our office to take initiative by attending SAAM events in April before we begin recruitment. Start creating relationships by meeting our professional staff and current students at events and programs. The strongest candidates are those that have a sincere passion for the work we do, take proactive steps to learn about our office and our educational efforts, and effectively translate their past experiences in their application and interview to showcase how they will be the best addition to our team.

If you don't already follow us on social media, I highly encourage you to start! We're on Facebook, Twitter, and Instagram - @ucsd sarc.